



BARROW CENTRAL WHEELERS (NLTTA SPOCO)

Open 10mile SPOCO Time Trial

Wednesday 15th June 2022

Event Start Time: 18.45

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations.

Timekeepers:

Primary Time Keeper: Mrs Tracy Moore. Assistant Time Keeper: Mr Michael Edwards.

Event Secretary:

Jonny Hill, 34 Cowlarns Road, Barrow In Furness, Cumbria, LA14 4HJ

Event Headquarters, Parking, ~~Toilets~~— see following diagrams (page 2).

HQ is open from 18.00am and is a gazebo located on Nannypie Lane, LA8 8DZ.

The following local CTT regulations apply;

In all events, competitors prior to starting are not permitted to ride past the finishing timekeeper during the duration of the event.

Riders must not ride with their head down.

Updates of note to CTT regulations – riders expected to familiarize themselves with these.

1. ALL riders must use working front and rear lights attached to their machine. [Regulation 14(j)].

2. ALL riders now must wear a helmet. (Previously this requirement was only mandatory for under 18s). [Regulation 15].

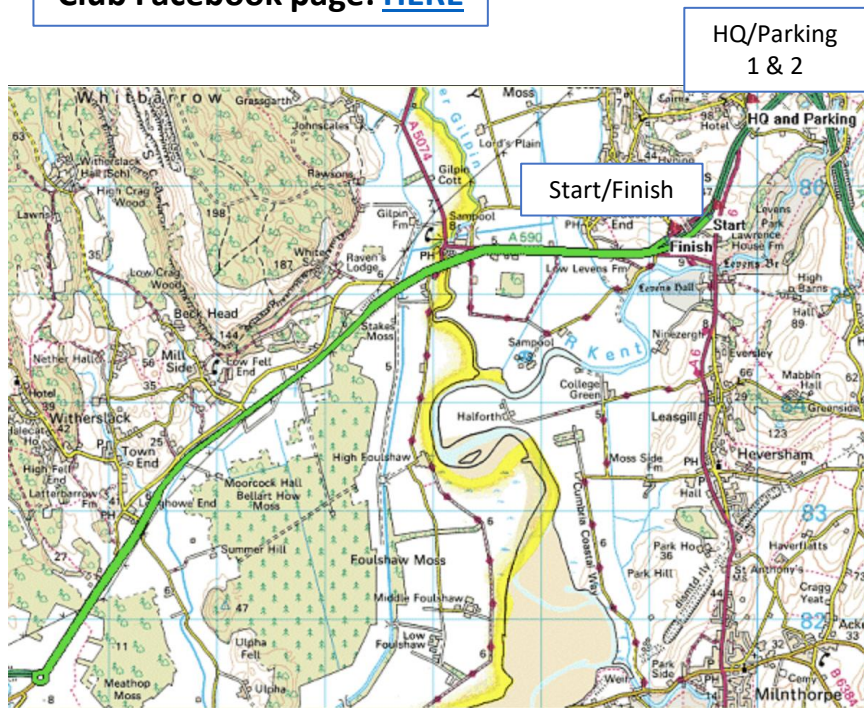
L1015 Levens Course Description

Start in lay-by on A590 approximately 500 yards south-west of junction with southbound A6 at the white mark on kerb edge which is 22 yards from the eastern end of the tarmac footpath and 33 yards east of an AA telephone point. This mark is directly in line with a wooden fence post with two angled supports in the hedge and almost in line with the most easterly of two "Please take your litter home" signs.

Proceed along the A590 in a south-westerly direction to encircle roundabout on Lindale by-pass (5.243 miles). Re-trace along the A590 to FINISH in line with the metal cover in the northern grass verge embossed "Charlton Ironworks Sheffield" which is approximately 12 yards east of the large road sign on the slip road to the A6 approximately 90 yards short of the junction of Levens bridge / Levens Village road (10 miles).

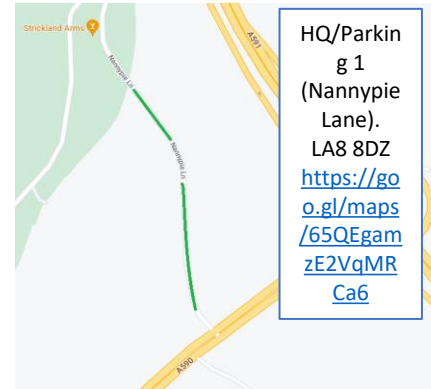
Club Instagram page: [HERE](#)

Club Facebook page: [HERE](#)

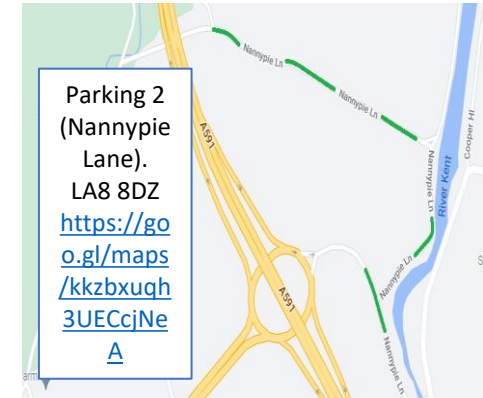


HQ/Parking
1 & 2

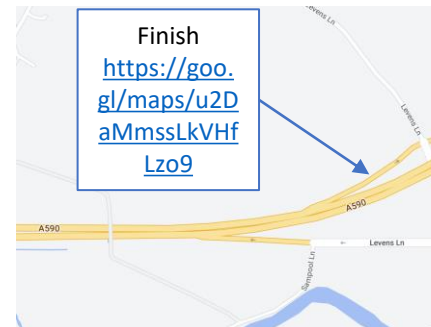
Start/Finish



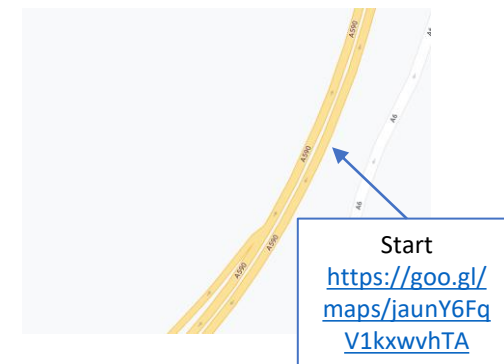
HQ/Parking
g 1
(Nannypie
Lane).
LA8 8DZ
<https://go.o.g/maps/65QEgamzE2VqMR>
Ca6



Parking 2
(Nannypie
Lane).
LA8 8DZ
<https://go.o.g/maps/kkzbxuqh3UECcjNeA>



Finish
<https://goo.gl/maps/u2DaMmssLkVHfLzo9>

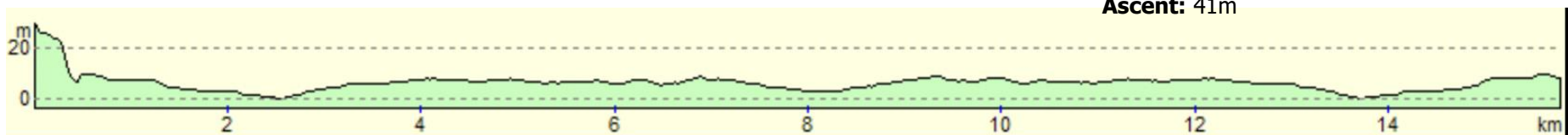


Start
<https://goo.gl/maps/jaunY6FqV1kxwvhTA>

Course: L1015 - Levens

Length: 10 miles

Ascent: 41m



Prize Money:

Please contact James Hodgson, Barrow Central Wheelers
Chairman at: montythecat98@gmail.com to claim winnings.

Category	No of Riders	1 st Place	2 nd Place	3 rd Place
Espoir Female	1	£30	£N/A	£N/A
Senior Female	5	£30	£20	£10
Veteran Female	3	£30	£20	£10
Category	No of Riders	1 st Place	2 nd Place	3 rd Place
Juvenile Male	2	£30	£20	£N/A
Junior Male	3	£30	£20	£10
Senior Male	24	£30	£20	£10
Veteran Male	71	£30	£20	£10
Category	No of Riders	1 st Place	2 nd Place	3 rd Place
Trike	2	£30	£20	£N/A

Start List

Number	Start Time	Firstname	Lastname	Club	Gender	Category
1	18:46:00	Mitchell	Smolen	Lakes Road Club	Male	Senior
2	18:47:00	John	Calvert	Barrow Central Wheelers	Male	Veteran
3	18:48:00	Albie	Jones	North Cheshire Clarion	Male	Juvenile
4	18:49:00	Grace	Cooper	Barrow Central Wheelers	Female	Senior
5	18:50:00	Michael	Cox	North Lancashire Road Club	Male	Veteran
6	18:51:00	Alan	Shuttleworth	Weaver Valley CC	Male	Veteran
7	18:52:00	Brian	Moore	The Tricycle Association - North Western Region	Male	Veteran
8	18:53:00	Sonny	Miles-Currey	Bella in Sella Racing	Male	Senior
9	18:54:00	Simon	Harvey	Kent Valley RC	Male	Veteran
10	18:55:00	David	Gleave	Velo Club Cumbria	Male	Senior
11	18:56:00	Steven	Hilton	Warrington Road Club/Horton Light Engineering	Male	Veteran
12	18:57:00	Jason	Bateman	VTTA North Lancs and Lakes Group	Male	Veteran
13	18:58:00	Harry	Cowley	Chester RC	Male	Veteran
14	18:59:00	Ian	Casson	Birkenhead Victoria CC	Male	Veteran
15	19:00:00	Simon	Phillips	Stockport Tri Club	Male	Veteran
16	19:01:00	Richard	Belk	Kent Valley RC	Male	Veteran
17	19:02:00	Nicholas	Smith	Westmead Team 88	Male	Juvenile
18	19:03:00	Jesse	Dawson	Vanelli-Project GO	Male	Veteran
19	19:04:00	Joanna	Patterson	Wahoo Endurance Zone p/b Le Col	Female	Senior
20	19:05:00	Simon	Myerscough	Ribble Valley C&RC	Male	Veteran
21	19:06:00	Victoria	McMurtha	Barrow Central Wheelers	Female	Senior
22	19:07:00	Scott	Shields	Barrow Central Wheelers	Male	Senior
23	19:08:00	Tamsin	Vicary	Barrow Central Wheelers	Female	Senior
24	19:09:00	Jeff	Upton	Stockport Tri Club	Male	Veteran
25	19:10:00	John	Lowe	Withington Wheelers	Male	Veteran
26	19:11:00	Tony	Johnston	Barrow Central Wheelers	Male	Veteran
27	19:12:00	David	Hunt	Wakefield Triathlon Club	Male	Veteran
28	19:13:00	Eamonn	Quinn	Lakes Road Club	Male	Veteran
29	19:14:00	James	Hodgson	Barrow Central Wheelers	Male	Senior
30	19:15:00	Richard	Durham	VTTA (Yorkshire)	Male	Veteran
31	19:16:00	Andrew	Sawyer	Barrow Central Wheelers	Male	Veteran
32	19:17:00	David	Grindley	North Cheshire Clarion	Male	Veteran
33	19:18:00	Peter	Armistead	Barrow Central Wheelers	Male	Veteran
34	19:19:00	Nick	Higginson	Cleveleys Road Club	Male	Veteran
35	19:20:00	Sue	Cheetham	North Lancashire Road Club	Female	Veteran
36	19:21:00	Bob	Atkinson	Barrow Central Wheelers	Male	Veteran
37	19:22:00	Andrew	Sudell	Barrow Central Wheelers	Male	Veteran

Start List

Number	Start Time	Firstname	Lastname	Club	Gender	Category
38	19:23:00	Steve	Rowland	Lancashire RC	Male	Veteran
39	19:24:00	Robert	Bagot	Warrington Road Club/Horton Light Engineering	Male	Veteran
40	19:25:00	Edward	Quick	Lakes Road Club	Male	Junior
41	19:26:00	Rachel	Orton	Tri Preston	Female	Veteran
42	19:27:00	Terry	Parvin	Ferryhill Whs	Male	Veteran
43	19:28:00	Tim	Bennett	Kent Valley RC	Male	Veteran
44	19:29:00	Andrew	Smith	VC Glasgow South	Male	Veteran
45	19:30:00	Carl	King	VTTA (Manchester & NW Group)	Male	Veteran
46	19:31:00	David	Rundall	Chorley Cycling Club	Male	Veteran
47	19:32:00	Mick	Braithwaite	Springfield Financial Racing Team	Male	Veteran
48	19:33:00	Warren	Giddins	Warrington Road Club/Horton Light Engineering	Male	Veteran
49	19:34:00	Martin	Welsh	Pendle Forest CC	Male	Veteran
50	19:35:00	Sebastian	Grindley	North Cheshire Clarion	Male	Junior
51	19:36:00	Paul	Russell	Springfield Financial Racing Team	Male	Veteran
52	19:37:00	Karen	Bailey	East Lancashire RC	Female	Veteran
53	19:38:00	Scott	Taylor	Springfield Financial Racing Team	Male	Veteran
54	19:39:00	Roy	Nield	East Lancashire RC	Male	Veteran
55	19:40:00	Paul	Singleton	Kent Valley RC	Male	Veteran
56	19:41:00	Andrew	Barlow	Kent Valley RC	Male	Veteran
57	19:42:00	Andy	Stubbs	Barrow Central Wheelers	Male	Veteran
58	19:43:00	Sean	Casson	Barrow Central Wheelers	Male	Veteran
59	19:44:00	Andy	Wright	Total Tri Training	Male	Senior
60	19:45:00	Neil	Cooper	Liverpool Century RC	Male	Veteran
61	19:46:00	Richard	Tyson	Rock to Roll CC	Male	Veteran
62	19:47:00	Tom	Gibson	Kent Valley RC	Male	Senior
63	19:48:00	Christina	Wiejak	Saint Piran	Female	Senior
64	19:49:00	Peter	Leonard	Southport CC	Male	Veteran
65	19:50:00	Peter	Greenwood	Clayton Velo	Male	Veteran
66	19:51:00	Duncan	Orme	Kent Valley RC	Male	Veteran
67	19:52:00	Tony	Workman	LVC Racing	Male	Veteran
68	19:53:00	Steven	Hankey	Warrington Road Club/Horton Light Engineering	Male	Veteran
69	19:54:00	Tom	Maher	Horwich Cycling Club	Male	Veteran
70	19:55:00	Paul	Shallicker	Coveryourcar.co.uk RT - Fitted and Tailored Car Covers	Male	Veteran
71	19:56:00	Neil	Taylor	Wigan Whs CC	Male	Veteran
72	19:57:00	Adrian	Dent	Team Ohten Aveas	Male	Veteran
73	19:58:00	David	Flux	Kent Valley RC	Male	Veteran
74	19:59:00	Tony	Cullen	TricentralUk	Male	Veteran

Start List

Number	Start Time	Firstname	Lastname	Club	Gender	Category
75	20:00:00	Robin	Gillespie	Beacon Wheelers	Male	Veteran
76	20:01:00	Abi	Smith	Moonglu CC	Female	Espoir
77	20:02:00	Robin	Hennessy	North Wirral Velo	Male	Senior
78	20:03:00	Bryn	Lawrence	Tactic Sport UK Race Team	Male	Junior
79	20:04:00	Matt	Stell	Springfield Financial Racing Team	Male	Veteran
80	20:05:00	Dan	Kendall	Rock to Roll CC	Male	Senior
81	20:06:00	Richard	Gadsden	Liverpool Braveheart Bicycle Club	Male	Senior
82	20:07:00	Kenneth	Brown	Velo Club Cumbria	Male	Veteran
83	20:08:00	Mark	Chadwick	Wigan Whs CC	Male	Veteran
84	20:09:00	Kouros	Driscoll	Seamons CC	Male	Senior
85	20:10:00	Adam	Taylor	Wigan Whs CC	Male	Senior
86	20:11:00	John	Fiddies	LVC Racing	Male	Veteran
87	20:12:00	John	Cripps	Warrington Road Club/Horton Light Engineering	Male	Veteran
88	20:13:00	Paul David	Fleming	Preston Whs	Male	Veteran
89	20:14:00	Richard	Williams	Clwb Seiclo Caergybi / Holyhead Cycling Club	Male	Senior
90	20:15:00	Joe	Beech	Preston Whs	Male	Senior
91	20:16:00	Russell	McLean	Beacon Wheelers	Male	Veteran
92	20:17:00	Harry	Walker	Revolver Racing	Male	Veteran
93	20:18:00	Luke	Johnston	Velo Club Cumbria	Male	Senior
94	20:19:00	Richard	Helm	Barrow Central Wheelers	Male	Veteran
95	20:20:00	Derek	Parkinson	Springfield Financial Racing Team	Male	Veteran
96	20:21:00	Tom	Roper	Inflite	Male	Senior
97	20:22:00	Mitch	Russell	Caffi Gruff	Male	Senior
98	20:23:00	Thomas	Minns	Giant-Kendal-Sidas.uk	Male	Senior
99	20:24:00	Andrew	Whiteside	Springfield Financial Racing Team	Male	Veteran
100	20:25:00	Alex	Critcher	Team Wheelguru	Male	Veteran
101	20:26:00	David	Thompson	Rock to Roll CC	Male	Veteran
102	20:27:00	Richard	Nesfield	Beacon Wheelers	Male	Senior
103	20:28:00	Kamil	Waligora	East Lancashire RC	Male	Senior
104	20:29:00	Alistair	Rutherford	Manchester Bicycle Club	Male	Veteran
105	20:30:00	Scott	Burns	Manchester Bicycle Club	Male	Veteran
106	20:31:00	Chris	Humphries	Bioracer UK RT	Male	Senior
107	20:32:00	Lewis	Wake	Team Kirkley Cycles	Male	Senior
108	20:33:00	Liam	Beaty	Hawick Cycling Club	Male	Senior
109	20:34:00	Alexander	Royle	Manchester Bicycle Club	Male	Senior